



COOGEE PRIMARY SCHOOL

CANTEEN MENU

SPRING 2021, TERM 3

RECESS + LUNCH SNACKS

● Popcorn	\$0.50
● Pikelet	\$0.50
● Corn on the cob	\$0.50
● Boiled egg	\$0.55
● Watermelon	\$1.20
● Whole fruit (in season)	\$1.20
● Cheesy Plain (recess only)	\$1.00
● Cheesy Pizza (recess only)	\$1.50
● Cheese + crackers (GF)	\$1.00
● Cookie of the day	\$1.00
● Muffin of the day	\$2.00
● Yoghurt - 170g strawberry or vanilla	\$2.30
● Yoghurt - Fruit	\$2.70
● Yoghurt - Fruit and muesli	\$3.00
● Vegetable cups with dip	\$3.00
● Salad cups	\$2.50
● Fruit cups	\$3.00
● SnackBox - stringer apple, popcorn, pikelet, cheese + crackers	\$4.00
● SnackBox - carrot, celery, popcorn, pikelet, cheese + crackers	\$4.00

DRINKS

● Juice box - various flavours	\$2.00
● Water	\$1.00
● Juice Bombs - various flavours	\$2.50
● Flavoured milk - choc, strawberry, banana	\$2.50

ICE CREAM

● Quelch fruit icy 1/2	\$0.50
● Quelch fruit icy	\$1.00
● Bulla Ice cream - vanilla (GF)	\$1.50
● Moosie - various flavours	\$2.00
● Berry Licks	\$2.00
● Froyo - yogurt icecream various flavours	\$2.50

LUNCH EVERY DAY

● Baked Potato x 1 filling ●	\$3.00
baked beans / spaghetti / ham / cheese	
● Baked Potato x 2 fillings ●	\$3.50
baked beans / spaghetti / ham / cheese	
● Mac n cheese ●	\$4.50
● Pizza - ham + cheese or margarita ●	\$4.50
● Salad Box ●	\$5.00
(lettuce, carrot, tomato, cheese, beetroot)	
+ Extra filling - ham / chicken / egg / avocado	\$1.00
+ Salad dressing	\$0.40
● Nachos Boat - with salsa (GF available)	\$6.00
● Nachos Boat - mince (GF available)	\$6.00
● Spaghetti Bolognese (GF available)	\$6.50
Parmesan (extra)	\$0.30

SANDWICHES

● Vegemite	\$3.00
● Cheese	\$3.50
● Ham + cheese	\$4.50
● Chicken, cheese + mayo	\$4.50
● Ham or chicken + salad	\$4.50
● Salad sandwich	\$4.00
● Egg sandwich	\$3.50
● Curried egg with mayo	\$4.00
+ Upgrade to Roll or Wrap	\$1.00

TOASTED SANDWICHES

● Spaghetti	\$3.50
● Baked beans	\$3.50
● Cheese	\$4.00
● Ham	\$4.50
● Ham & Cheese	\$5.00
● Chicken, cheese & mayo	\$5.00
● Vegemite & Cheese	\$4.00

● Green ● Vegetarian options
● Amber (GF) Gluten Free

EVERY DAY SPECIALS

- Lunch sandwich box - vegemite, cheese or ham sandwich, fruit salad, popcorn + pikelet \$7.50
- Pizza lunch box - pizza, fruit salad, popcorn + pikelet \$8.50

WEEK DAY SPECIALS

WEDNESDAY

- Sushi - 6 pieces \$6.00
- Hamburger, cheeseburger, or chicken burger \$6.00
- Recess Order:**
- Hashbrown \$1.00
- Potato Gems \$1.00

THURSDAY

- Sushi - 6 pieces \$6.00
- Crispy chicken wrap \$6.00
- lettuce, cheese, tomato, carrot, mayo
- Party pies x 3 \$4.50
- Sausage rolls x 4 \$3.50

FRIDAY

- Sushi - 6 pieces \$6.00
- Half Hotdog \$2.80
- with or without sauce
- Full Hotdog \$4.50
- with or without sauce
- Recess Order:**
- Hashbrown \$1.00
- Potato Gems \$1.00

WEEK DAY SPECIALS

WEDNESDAY

- Sushi - 6 pieces \$6.00
- Hamburger, cheeseburger, or chicken burger \$6.00

Recess Order:

- Hashbrown \$1.00
 - Potato Gems \$1.00
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THURSDAY

- Sushi - 6 pieces \$6.00
 - Crispy chicken wrap \$6.00
- lettuce, cheese, tomato, carrot, mayo
 - Party pies x 3 \$4.50
 - Sausage rolls x 4 \$3.50
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FRIDAY

- Sushi - 6 pieces \$6.00
- 1/2 Hotdog \$2.80 (with or w/out sauce)
- Full Hotdog \$4.50 (with or w/out sauce)

Recess Order:

- Hashbrown \$1.00
- Potato Gems \$1.00

ORDERING YOUR LUNCH

Please place your lunch order online at:

www.quickcliq.com.au



Orders can be made up to two weeks in advance and can be made any time before 9am on the date of order.

To assist in serving these online lunches, please drop your enviro bag in the canteen basket each morning, ensuring your name and room number are clearly marked, and "Online Order" written in zipped section.

Do not enclose money.

**Please help
reduce waste
in our school!**



ONLINE ORDERING TIP:

If there is a green plus + symbol next to your order, then "extras" are available on this item. This is also where you select your choice of drink for a meal deal.

CANCELLATIONS:

If you have placed an order in advance, and it is no longer required, cancel through the online system before 9am on the day for which it is ordered.

LATE ORDERS:

Late orders will be accepted, but a reduced menu may be offered. Please see Manager to confirm what is available.

EFTPOS is available at the counter, there is a 1.9% surcharge.

RECESS ORDERS

Recess can be ordered online, or food can be purchased over the counter.

When ordering online please, ensure you use the "recess tab".

HEALTHY FOOD & DRINK CHOICES

The healthy Food and Drink Choices Policy was introduced in 2006 by the WA Government. It is sometimes called the "Traffic Light System", as food are categorized **Green**, **Amber** & **Red**.

"Green" foods are everyday choices (fruit & Veg, breads, lean meats, low fat dairy, etc.)

"Amber" foods should be selected carefully or limited from your daily intake (restrictions will apply to Amber products in this canteen-and only ONE serve will be allowed, unless stated)

"Red" foods are high in fat & sugar and will not be available in this canteen.

Coogee Primary School Canteen complies with the WA School Canteen Associated Guidelines.

Coogee Primary School Canteen is a Five Star Accredited Canteen.

ALLERGIES + INTOLERANCES

Do you have food allergies, intolerances or dietary preferences? Please let us know, as every effort will be made to accommodate all students.

CUTLERY

If food and snacks from home require cutlery, please include include them in your child's lunchbox or they can be purchased from the Canteen for 10c per item.

CAN YOU SPARE HALF AN HOUR?

I WOULD LOVE YOUR HELP!

The students love seeing their parents at the counter at recess (10.35am-10.55am) or lunch time (1.15pm-1.55pm). You are also more than welcome to choose a time to suit you.

Phone Debbie on **0402 228 008**
(Mon – Fri 8am-2pm) or email
wildheartcatering@outlook.com